



TRICARE Reserve Select

***A premium-based health care plan
for certain members of the
Reserve Component and their families***





Period of Coverage

Days Served on Active Duty	Maximum Period of Coverage
1-89 days	None*
90-179 days	1 year
180-269 days	2 years
270-359 days	3 years
360 days	4 years

**If you are otherwise eligible, but did not serve continuously on active duty for 90 days due to an injury, illness, or disease incurred or aggravated on active duty, you may be eligible for one whole year of TRS coverage.*





TRICARE Reserve Select Costs

Monthly Premiums	TRS Member-only: \$75 TRS Member and family: \$233
Annual Deductibles <i>(per fiscal year)</i>	Rank E-4 & below: \$50/individual or \$100/family Rank E-5 & above: \$150/individual or \$300/family
Cost-Shares <i>(after annual deductible is met)</i>	Network Provider: 15% Non-network Provider: 20%
Catastrophic Cap <i>(per fiscal year)</i>	\$1000 per enrollment

